

Frequency Adverbs

- always
- never
- often
- sometimes
- usually
- rarely
- hardly ever
- normally

Daily routines and activities

1. get up
2. wake up
3. take a shower
4. take a bath
5. have a shower
6. have breakfast
7. have lunch
8. have dinner
9. get dressed
10. brush my teeth
11. read the newspaper
12. watch the news
13. pray
14. do my prayer
15. do the laundry
16. do the chores
17. do my homework
18. do exercises
19. do the dishes
20. do some errands
21. wash the clothes
22. get ready for work

23. get ready for school
24. get the children ready for school
25. take the children to school
26. take care of the children
27. take out the garbage
28. take pictures
29. pick the children up from school
30. read the newspaper
31. read the Bible
32. read a book
33. read a magazine
34. wash my clothes
35. wash the dishes
36. wash my car
37. watch the news
38. watch TV
39. watch soap opera
40. watch games
41. watch a movie
42. clean the house
43. mop the floor
44. sweep the floor
45. iron the cloth
46. go to work
47. go to school
48. go to English class
49. go to the park
50. go to the doctor
51. go shopping
52. go jogging
53. go to the gym
54. go to the grocery
55. go to the market
56. go to the supermarket
57. go to bed
58. cook breakfast
59. cook lunch
60. cook dinner
61. prepare breakfast
62. prepare lunch
63. prepare dinner
64. make breakfast
65. make lunch

66. make dinner
67. walk the dog
68. feed the baby
69. feed the dog
70. play with the kids
71. check my facebook
72. check my email
73. chat with my friends
74. listen to the radio
75. make the bed
76. change my cloth
77. start work
78. finish work
79. return work
80. bath my child
81. help my child to take a shower

Introducing oneself

A: Excuse me, what's your name?

B: My name is ...

I'm....

First meet

Nice to meet you.

Glad to meet you.

Nice meeting you.

Pleased to meet you.

It's a pleasure to meet you.

Second meet

Nice to see you again.

Glad to see you again.

Nice seeing you again.

Good to see you.

Greetings

How are you?

How's it going?

How's all?

How's everything?

How are you doing?

What's up?

Positive answers

Fine. Thank you

Not bad

Very good

Very well

Great!

Pretty good

Negative answers

Not good

Very bad

Terrible

Not fine